



MEDITERRANEAN SALAD

Mix: chopped tomatoes, kalamata olives, lots of chopped parsley, a bit of thin sliced red peppers, a generous amount of PICKLED pepper slices, and roasted chick peas*. Add a little lemon juice and olive oil. And, if you like, add some Feta cheese. Top with yogurt dressing, which has some drained shredded cucumber and lemon juice in it.

Recipe adapted by one from Eleanor Newnan.

*Drain chickpeas and toss in olive oil. Roast in oven at 350 degrees, stirring every 10 minutes, until golden.