



## SPINACH-APPLE SALAD

2 tablespoon water  
1 tablespoon. honey  
1 ½ tablespoons red wine vinegar  
1 tablespoon olive oil  
2 teaspoons Dijon mustard  
¼ teaspoon pepper

1 Gala or Granny Smith apple, sliced lengthwise  
1 bag 10 ounces tender spinach  
1 small red onion  
¼ pound button mushrooms, sliced  
2 slices of bacon, cooked (optional)

Combine first 6 ingredients stirring with a whisk. Place the sliced apple in a large salad bowl. Spoon 1 tablespoon dressing over the apple and toss. Add spinach, onions, mushrooms and remaining dressing and toss to coat. Crumble the bacon and sprinkle over the top if desired. Serves 4.