



SPINACH SOUP

1 large bunch of spinach
1 cup of green peas
½ white onion
2-3 cups of chicken or vegetable broth, depending on how thick you would like the soup
¼ cup heavy cream or ½ pack of silken tofu
Salt and pepper to taste

Saute the ½ chopped white onion until translucent, add the spinach and cook until wilted, add the green peas and broth, bring to a simmer. Blend very fine. Add salt, pepper, and cream, if desired

Adapted from a recipe by Maurice Berelowitz.